FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, [D.C. 20549
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL											
OMB Number:	3235-0287										
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hours ner response	. 0.5										

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Quateman Lisa G					<u>AG</u>	2. Issuer Name and Ticker or Trading Symbol AG Mortgage Investment Trust, Inc. [MITT]									k all app Direc	tor	ng Pers	10% Ov	wner	
(Last)	(Fi	rst) (M	Middle)			3. Date of Earliest Transaction (Month/Day/Year) 01/02/2024									below	er (give title		Other (s	specify	
245 PARK AVENUE, 26TH FLOOR					4. If A	4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person						
(Street) NEW YO	ORK N	Y 1	0167											X		filed by Mo		•		
(City) (State) (Zip)						Rule 10b5-1(c) Transaction Indication														
		Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.													nded to					
		Table	I - Nor	n-Deriva	tive S	Secui	rities	s Acq	uired,	Disp	osed of	, or B	ene	ficially	/ Own	ed				
1. Title of Security (Instr. 3) 2. Transac Date (Month/Da					Execution Date,			3. Transaction Code (Instr. 8) 4. Securitie Disposed (5)		es Acquired (A) Of (D) (Instr. 3, 4		A) or 8, 4 and	5. Amo Securit Benefic Owned Report	ies cially Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)			
									Code	v	Amount	(A) or (D)		Price	Transa	ction(s) 3 and 4)			(111511. 4)	
Common Stock 01/02/2					2024				A		894	A		\$0 ⁽¹⁾	21	21,364		I	By Living Trust ⁽²⁾	
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	if any	med on Date, Day/Year)	4. Transa Code (8)				6. Date Exercisa Expiration Date (Month/Day/Year		te	Amount of		De Se (In	Price of erivative ecurity estr. 5)	9. Number derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	y [0	10. Ownership Form: Direct (D) or Indirect I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)			Expiration Date	Amount or Number of Shares		ber						

Explanation of Responses:

- 1. Shares were granted to the reporting person in accordance with the Issuer's independent director compensation policy, representing a pro-rated amount based on the reporting person's appointment to the Issuer's Board of Directors. The restricted shares are fully vested, but may not be sold or transferred during the reporting person's term of service on the Issuer's Board of Directors.
- 2. Securities held by the Quateman Living Trust of which the reporting person is a trustee.

Remarks:

/s/ Jenny B. Neslin, Attorneyin-Fact for Lisa G. Quateman

01/04/2024

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.